



ADHD Assessments.

Information & Costs



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What is **ADHD**?

Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common neurodevelopmental disorders. It is usually seen, but not always recognised, in childhood and often persists into adulthood. Approximately 7% of Australians are diagnosed with ADHD.

ADHD is known to impact many aspects of an individual's life. This can include academic and professional achievements, interpersonal relationships, and daily functioning. ADHD can also lead to poor self-esteem and social function issues in children and even adults when not appropriately treated. However, when diagnosed and well-managed, people can lead full lives, leveraging their unique differences to empower their success.

There is considerable symptomatic overlap between ADHD and other psychological and developmental conditions. Receiving any diagnosis is a big step, and you want to be sure you *receive the right diagnosis*.



Why Mindstate Psychology?

Psychologists are university-trained professionals specialising in the scientific study of human behaviour, mental processes, and emotional problems. All psychologists at Mindstate Psychology are experienced in administering both cognitive tests and clinical questionnaires.

Mindstate Psychology is also proud to offer extensive support for individuals after diagnosis. With senior psychologists who have lived experiences of ADHD, we are able to offer a unique, integrated model of support and treatment. This includes strategies living with ADHD, psychological therapy, neurofeedback and pathways to medication. We take a diversity-affirming approach to both assessment and treatment.

Our experienced psychologists actively liaise with other health experts, ensuring you can be confident that you will receive an accurate diagnosis and continued support from Mindstate Psychology.





Standard Assessment.

The Standard Assessment constitutes the minimum testing required to receive a formal ADHD diagnosis. In all assessments, we begin with a meeting between you and your assessing psychologist.

Initial Interview

All assessments begin with a 50 minute consult with your assessing psychologist. While not included in the total cost, it is essential to understand your situation and ensure that an ADHD assessment is the right step for you.

Diagnostic Interview

A 90 minute structured interview between the client and psychologist.

Diagnostic Questionnaires

These questionnaires are completed by the client. If the client is under 18, they may be completed by their parents or teachers.

Cognitive assessment

A cognitive (IQ) assessment typically takes 60-90 minutes. If the client is under 18, parents can complete clinical questionnaires while this occurs.

Analysis and Written Report

At the conclusion of the testing sessions, your assessing psychologist will analyse the data and prepare an easy to read written report.

Report Feedback Consultation

Prior to releasing the report to you, you will have an appointment with your assessing psychologist to discuss the findings and any recommendations. This is an important opportunity for the client and their family to understand the strengths and challenges associated with their unique ADHD presentation.

Standard Assessment: \$1750
+ initial interview



Additional Options.

In some circumstances, additional psychometric testing may be required to provide a comprehensive and accurate differential diagnosis. Your assessing practitioner will help you understand what additional tests are required once they have met you and understand your individual circumstances.

PAI

Personality Assessment Inventory for personality assessment.

Additional Diagnostic Interviews

An additional interview with your assessing psychologist.

Phonics Assessment

Educational assessment that assesses an individual's ability to blend sounds together to read words.

Connors' Continuous Performance Assessment

A computerized assessment of focus and attention.

Additional Neuropsychological Testing

A neuropsychological assessment includes academic skills, language, attention, executive functioning, psychosocial functioning.

Report Feedback Consultation

An additional 30-minute feedback session with the psychologist. This allows for an extensive exploration of the strengths and challenges associated with the client's unique ADHD presentation.



More information.

To begin the assessment process, please contact reception on 9450 1618 or reply to your email to book an appointment with one of our psychologists.

If you are unsure whether an assessment is the right step for you, you can still book a once off appointment to discuss your circumstances with a psychologist.

Call 9450 1618



Pricing updated July 2025.

Please note: The assessment process outlined above is a guide only and may vary in certain circumstances. Final costs may vary depending on complexity and additional factors.



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